

When Faith Feels Fragile - Reflection Guide

Journaling Prompts

1. When have you felt like your faith was hanging by a thread? What were the circumstances?
2. How does it make you feel to know Jesus healed someone who admitted both belief and unbelief?
3. Write a prayer beginning with: "Lord, I believe..."
4. What is one area in your life where God is inviting you to trust Him more deeply?
5. Which of the Scriptures spoke to you most, and why?

Discussion Questions

1. What does fragile faith look like in your everyday life?
2. How do the key scriptures in this lesson (Mark 9:23-24, Hebrews 11:1, Romans 10:17, Psalm 34:18) reshape your understanding of faith?
3. Why is honesty with God more important than pretending to be strong?
4. In what ways can the church support those experiencing doubt?

Self-Check Quiz

1. What did the father in Mark 9:24 say to Jesus?
 - a) "I believe fully."
 - b) "Help my unbelief."
 - c) "If you can, heal him."
 - d) "Go away."

Correct Answer: b

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2. According to Hebrews 11:1, faith is:

- a) Confidence in what we hope for and assurance about what we do not see.
- b) The same as seeing the results.
- c) An emotional feeling.
- d) Blind hope.

Correct Answer: a

3. Where does faith come from according to Romans 10:17?

- a) Performing good deeds
- b) Listening to Christian music
- c) Hearing the message of Christ
- d) Attending church services

Correct Answer: c

4. What is God's promise in Psalm 34:18?

- a) He blesses the rich.
- b) He fixes every problem quickly.
- c) He is near to the brokenhearted.
- d) He makes life easy.

Correct Answer: c